

## Lifesaving Society Swim Chart - Swim Program Registration

If your child...	Register in LSS Swim Program	Previously in Red Cross Swim	Previously in YMCA
Is 3 to 12 months old and ready to learn to enjoy the water with a parent	Parent & Tot 1	Starfish	Continuing L'il Dippers: Splashers
Is 12 to 24 months old and ready to learn to enjoy the water with a parent	Parent & Tot 2	Duck	Continuing L'il Dippers: Bobblers
Is 2 to 3 years old and ready to learn to enjoy the water with a parent	Parent & Tot 3	Sea Turtle	Continuing L'il Dippers: Bobbers
Is 3 to 5 years old and just starting out on their own	Preschool A	Sea Turtle	Continuing L'il Dippers: Bobbers
Can get in and out of the pool independently, jumps into shallow water, will float and glide in a PFD on their front and back, blows bubbles and opens eyes under water...	Preschool B	Salamander	Continuing L'il Dippers: Bobbers
Can get in and out on their own, jumps into shallow water on their own, submerges and exhales under water, and with a buoyant aid will move through the water on their front and back...	Preschool C	Sunfish	Continuing L'il Dippers: Floaters
Jumps into chest-deep water and deep water wearing a PFD, recovers objects from the bottom, and moves through the water on their front and back, while wearing a PFD....	Preschool D	Crocodile	Continuing L'il Dippers: Floaters
Can do solo jumps into deeper water and get out by themselves; surface support by themselves, and swims 3-5m on front and back	Preschool E	Whale	Continuing L'il Dippers: Floaters
Is 5 to 12 years old and is just starting out	Swimmer 1 Completed Preschool A,B,C, D	Level 1	Continuing L'il Dippers: Floaters/Learn to Swim I: Otters
Is able to jump into the water with and without a PFD, opens their eyes and exhales underwater, obtains objects off the bottom, and floats and moves through the water on their front and back...	Swimmer 2 Completed Preschool E	Level 1	Completed L'il Dippers: Divers/Learn to Swim II: Seal
Can jump into deeper water, fall sideways into the water wearing a PFD, supports themselves at the surface without an aid, perform whip kick, and swims 15 to 25 m on their front and back...	Swimmer 3	Level 2/3	Completed Learn to Swim IV: Swimmer
Does cannonballs, dives and rolls into deep water, can tread water, swim underwater, perform front crawl and back crawl, and is able to do an endurance swim of 25 to 50 m...	Swimmer 4	Level 4/5	Completed Star 1
Will do dives and stride entries, can do eggbeater kick, foot-first surface dives, front and back crawl, whip kick, and breaststroke arms with breathing, and an endurance swim of 50 to 100 m...	Swimmer 5	Level 6	Completed Star 2
Can do shallow dives, eggbeater kick, foot-first sculling, surface dives with underwater swim, front and back crawl, breaststroke over 50 m, 25 m sprints and endurance swims of 100 to 200 m...	Swimmer 6	Level 7	Completed Star 3
Is able to do compact jumps, eggbeater kick for 1 minute, heap-up front crawl or breaststroke over 25 m, 100 m front crawl, back crawl, and breaststroke, and an endurance swim of 200 to 300 m...	Swim Patrol - Swimmer 7 - Rookie	Level 8	Completed Star 4
Preferred successful completion - Rookie	Swimmer 8 - Ranger	Level 9	Completed Star 5
Preferred successful completion - Ranger	Swimmer 9 - Star	Level 10	Completed Star 6
Preferred successful completion - Star	Bronze Star		Completed Master Swimmer