

## 'SENIOR FITNESS AROUND TOWN' PROGRAM AQUATIC SEASON MEMBERSHIP

The Town of Tecumseh Senior Advisory Committee received funding under the Ontario Sport and Recreation Communities Fund to host a 'Senior Fitness Around Town' Program.

*Get your body in motion and enjoy the benefits of aerobics without the stress on your joints with a **FREE** Aquatic Season Membership to the Tecumseh Leisure Pool!*

Town of Tecumseh residents (55+) are eligible to receive a three (3) month Tecumseh Leisure Pool season pass, from June through August, which provides full access to the Aquafit, Adult Lengths and Open Rec Swims. Classes are offered on weekends in June and daily for July and August.

A limited number of Aquatic Season Memberships, valued at approximately \$69.00, are available. Eligible persons may submit their interest, including name, address and contact information, by contacting Ext. 143 or by email to [chebert@tecumseh.ca](mailto:chebert@tecumseh.ca) until **May 31, 2019**. Persons will be selected by random draw on June 3, 2019 and contacted to receive the membership.

Further details can be found on the Town's website, or by contacting Ext. 143. Don't miss out on this unique and exciting opportunity to participate in outdoor physical activity!

